

1st December, 2015

Dear Parent

Get your children active before school, burn off some of that excess energy and develop movement skills at the same time – Enrol Now in Uni-Active

UWA is excited to be working together with Mount Hawthorn Primary School to offer Uni-Active to all Kindy - Year 2 students in Term 1, 2016. Uni-Active is a FUN movement program that encourages maximal participation, increased self-esteem and development of movement skills such as catching, throwing, running and balance. In Term 1, the skills Throwing and Balance will be focused on in the sessions. All children will receive a brief movement assessment prior to the start of the program, copies will be given to the parents and school.

I have enclosed an information sheet which contains further details about the program and what is on offer at Mount Hawthorn Primary School in 2016.

This program costs \$112 for 8 sessions and will be offered in Term 1 on Tuesday mornings from 8:00am-8:45am on the school oval. The program will start on Tuesday 16th February and run for 8 weeks until Tuesday 5th April.

Enrolment and payment can be completed online: <http://hpeu.com.au/uniactiveenrolment>

Places are limited.

Yours sincerely,



Amanda Derbyshire

Uni-Active Coordinator
School of Sport Science, Exercise and Health
The University of Western Australia