

Social Media 101 – Cybersafety

PARENT Information Session

The world of social media and technology is fast becoming the centre of young people's universe. Whether they are messaging, posting on walls, snap chatting, pinning or liking, our kids are often more engaged in their online world than the physical world. It is a tedious and challenging task for parents to stay on top of social media trends while monitoring their child's online behaviour. Even more challenging is managing the behaviour that comes as a result of being too 'wired' to the online world: lack of sleep, mood swings, and lack of participation in family activities. We are offering a workshop for parents to learn more about social media and technology trends, and strategies for behaviour management. Topics covered will include what sites and apps and games young people are accessing, typical behaviours they are displaying in the outlets, and how to manage them. We will discuss behaviour management strategies around social media, how to stay safe online, and setting boundaries around technology.

Aranmore Catholic Primary School Hall

Thursday March 17th

6.30pm – 8.30pm

Cost - \$5

Booking are essential and can be made via

<http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=184537>

Enquiries can be directed to Ali Fisher – Aranmore Catholic Primary School Social Worker – 9444 9366



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Social Media & Cyber Safety Strategies